

Birth to 17

Check-ups, screenings, immunizations, and discussion items for your child, from birth through late adolescence.

Checkups

Visits at 1, 2, 4, 6, 9, 12, 15 and 18 months of age. Annual visits from ages 2 to 17, including a visit at age 30 months; screen for healthy weight.

Blood Pressure: Check annually age 3+.

	Age (Months)										Age (Years)	
	1	2	4	6	9	12	15	18	30	2 - 17		
Check-Up	*	*			*						*	Annual Check-Up

Screening Tests

Vision: At least once between ages 3 to 5 years.

Obesity: Monitor starting at age 6.

Chlamydia and Gonorrhea: Check yearly for sexually active females ages 16 to 24 years.

HIV: Age 15 and older, start younger if at risk.

Human Papillomavirus (HPV): Ages 11 to 14 years should receive a two- dose series or ages 15 to 26 should receive a three-dose series.

Pregnancy: If you are pregnant or able to get pregnant, take a daily vitamin or supplement containing 0.4 to 0.8 mg of folic acid. Talk to your doctor about more steps for a healthy pregnancy.

Immunizations

Two-month series of vaccines can be given as early as 6 weeks

Age	Age (Months)									Age (Years)			
	Birth	1	2	4	6	12	15	18	2	4-5	11	16	
Hepatitis B	*	*			*								
Haemophilus influenzae Type B			*	*	*	*							
Polio			*	*	*					*			
Diphtheria, Tetanus and Acellular Pertussis			*	*	*		*			*			
Rotavirus			*	*	*								
Pneumococcal			*	*	*	*							
Tdap or TD											*		
Measles, Mumps and Rubella						*				*			
Varicella (Chickenpox)						*				*			
Hepatitis A						*		*					
Influenza (Yearly)					*			*	*	*	*	*	
Meningococcal Conjugate										*	*		
Human Papillomavirus (HPV)										*			

Discussion Topics

Tobacco Use, Including Vaping Electronic Cigarettes: Discuss with your provider beginning at age 11.

Depression: Discuss with your provider beginning at age 12.

Domestic Violence: Discuss with your provider beginning at age 12.

Prevention of Skin Cancer: Discuss with your provider beginning at age 6.

Prevention of Sexually Transmitted Infections: Discuss with your provider beginning at age 11.

Pregnancy: If you are pregnant or able to get pregnant, take a daily vitamin or supplement containing 0.4 to 0.8 mg of folic acid. Talk to your doctor about more steps for a healthy pregnancy.